**Merrillan – Merrillan Cafe – Senior Congregate Meal Site – March 2024**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Milk is served with every meal & is part of the daily required nutrition plan.*** | ***\*\*All Menus are subject to change.\*\**** |  |  | **Fri 1**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 4**  Pork Chop  Mashed Potatoes  Spinach  Applesauce | **Tue 5**  Chicken  Mashed Potatoes  Carrots  Banana Pudding | **Wed 6**  Roast Beef  Mashed Potatoes  Green Beans  Peaches | **Thu 7**  Italian Chicken w/ Tomato Sauce  Broccoli  Raisin Cookie | **Fri 8**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 11**  Pork Chop  Mashed Potatoes  Broccoli  Applesauce | **Tue 12**  Chicken  Stewed Tomatoes  Soup or Salad  Pudding w/Fruit | **Wed 13**  Cook’s Choice | **Thu 14**  Salisbury Steak  Soup or Salad  Carrots  Lemon Cookie | **Fri 15**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 18**  Pork Roast  Potatoes  Spinach  Applesauce | **Tue 19**  Chicken  Sweet Potatoes  Soup or Salad  Raisin Cookie | **Wed 20**  Hamburger Steak  Baked Potato  Green Beans  Banana Cake | **Thu 21**  Cream Chicken over Biscuit  Celery and Carrots  Pudding w/Fruit | **Fri 22**  Fish  Bean Soup  Potato  Fruit Cocktail |
| **Mon 25**  Pork Chop  American Fries  Brussel Sprouts  Apple Cake | **Tue 26**  Chicken  Mashed Potatoes  Beets  Peaches | **Wed 27**  Ham  Augratin Potatoes  Carrots  Pineapple Cake | **Thu 28**  Chicken Stir Fry w/Stir Fry Vegetable  Over Rice  Pudding w/Fruit | **Fri 29**  **Holiday**  **No Senior Meals**  **ADRC Office Closed** |