**Millston – TK’s 400 Club – Senior Congregate Meal Site – March 2024**

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| ***Milk is served with every meal & is part of the daily required nutrition plan.*** | ***\*\*All Menus are subject to change.\*\**** |  |  | **Fri 1** |
| **Mon 4** | **Tue 5** | **Wed 6**  Beef Tips over  Noodles  Green Beans  Fruit Roll | **Thu 7**  Chicken Breast  Tots  Carrots  Fruit Roll | **Fri 8** |
| **Mon 11** | **Tue 12** | **Wed 13**  Spaghetti w/Meat  & Tomato Sauce  Side Salad  Fruit Roll | **Thu 14**  Salisbury Steak  Mashed Potatoes  Corn  Fruit Roll | **Fri 15** |
| **Mon 18** | **Tue 19** | **Wed 20**  Beef Roast  Mashed Potatoes  Green Beans  Fruit Roll | **Thu 21**  Chicken Pot Pie  Over Biscuit  Corn  Fruit | **Fri 22** |
| **Mon 25** | **Tue 26** | **Wed 27**  Meatloaf  Mashed Potatoes  Peas  Fruit Roll | **Thu 28**  Chicken Alfredo  Side Salad  Fruit  Roll | **Fri 29**  **Holiday**  **ADRC Office Closed** |