



AGING GRACEFULLY

Planning With Purpose

May | 15 | 2024
9:00 am to 3:00 pm



One-Day Lunch & Learn

- Living Joyfully
with Breanne Massman
- Writing Your Obituary
with Sarah Larkin & Mary Woods
- Back Pain Relief
with Dr. Channellé Holiday
- Healthy Aging
with Jackson County ADRC
- Stroke Prevention & Heart Care
with Steve Collins

**To register or for more information call
Interfaith Volunteers 715-284-7058**

