**Melrose – L&M Cafe – Senior Congregate Meal Site – April 2024 Menu**

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| **Mon 1**Chicken NoodleHotdishPeas & CarrotsGelatin w/Fruit | **Tue 2** MeatloafScalloped PotatoesStewed TomatoesPears | **Wed 3**Roast BeefMashed PotatoesBroccoliPineapple | **Thu 4**Fish 3 Bean SaladBoiled PotatoesCalifornia Blend VegMixed Fruits | **Fri 5 HDM Only**Roast BeefMashed PotatoesCarrots½ Grapefruit |
| **Mon 8**Broasted ChickenMashed PotatoesBroccoliGelatin w/Fruit | **Tue 9** SausageScrambled EggsPotato PancakeTomato JuiceApplesauce | **Wed 10**Roast PorkMashed PotatoesCooked CabbageMandarin Oranges | **Thu 11**FishCream PotatoesBeets Mixed Fruit3 Bean Salad | **Fri 12 HDM Only**Hamburger on BunAmerican FriesCarrotsApple |
| **Mon 15**Chicken Stir withOriental Blend VegOver RiceGelatin w/Fruit | **Tue 16**Liver & OnionsMashed PotatoesCornApple | **Wed 17** Ring BolognaCream PotatoesPeasPeaches | **Thu 18**FishBaked PotatoSquash ColeslawMandarin Oranges | **Fri 19 HDM Only**Egg Salad SandwichPotato SaladSpinach SaladBanana |
| **Mon 22**Broasted ChickenMashed PotatoCountry Blend VegGelatin w/Fruit | **Tue 23**Spaghetti w/Meat& Tomato SauceWax Beans PearsGarlic Toast | **Wed 24** BratAmerican FriesBaked BeansApplesauce  | **Thu 25**FishAugratin PotatoesCarrots ColeslawMixed Fruit | **Fri 26 HDM Only**Roast PorkMashed PotatoesCarrotsApple |
| **Mon 29**Cream Chicken overBiscuitSalad BroccoliGelatin w/Fruit | **Tue 30**MeatballsMashed PotatoesSweet PotatoesPineapple |  | ***\*\*All Menus are subject to change.\*\**** | ***Milk is served with every meal & is part of the daily required nutrition plan.*** |