**Melrose – L&M Cafe – Senior Congregate Meal Site – April 2024 Menu**

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| **Mon 1**  Chicken Noodle  Hotdish  Peas & Carrots  Gelatin w/Fruit | **Tue 2**  Meatloaf  Scalloped Potatoes  Stewed Tomatoes  Pears | **Wed 3**  Roast Beef  Mashed Potatoes  Broccoli  Pineapple | **Thu 4**  Fish 3 Bean Salad  Boiled Potatoes  California Blend Veg  Mixed Fruits | **Fri 5 HDM Only**  Roast Beef  Mashed Potatoes  Carrots  ½ Grapefruit |
| **Mon 8**  Broasted Chicken  Mashed Potatoes  Broccoli  Gelatin w/Fruit | **Tue 9** Sausage  Scrambled Eggs  Potato Pancake  Tomato Juice  Applesauce | **Wed 10**  Roast Pork  Mashed Potatoes  Cooked Cabbage  Mandarin Oranges | **Thu 11**  Fish  Cream Potatoes  Beets Mixed Fruit  3 Bean Salad | **Fri 12 HDM Only**  Hamburger on Bun  American Fries  Carrots  Apple |
| **Mon 15**  Chicken Stir with  Oriental Blend Veg  Over Rice  Gelatin w/Fruit | **Tue 16**  Liver & Onions  Mashed Potatoes  Corn  Apple | **Wed 17**  Ring Bologna  Cream Potatoes  Peas  Peaches | **Thu 18**  Fish  Baked Potato  Squash Coleslaw  Mandarin Oranges | **Fri 19 HDM Only**  Egg Salad Sandwich  Potato Salad  Spinach Salad  Banana |
| **Mon 22**  Broasted Chicken  Mashed Potato  Country Blend Veg  Gelatin w/Fruit | **Tue 23**  Spaghetti w/Meat  & Tomato Sauce  Wax Beans Pears  Garlic Toast | **Wed 24**  Brat  American Fries  Baked Beans  Applesauce | **Thu 25**  Fish  Augratin Potatoes  Carrots Coleslaw  Mixed Fruit | **Fri 26 HDM Only**  Roast Pork  Mashed Potatoes  Carrots  Apple |
| **Mon 29**  Cream Chicken over  Biscuit  Salad Broccoli  Gelatin w/Fruit | **Tue 30**  Meatballs  Mashed Potatoes  Sweet Potatoes  Pineapple |  | ***\*\*All Menus are subject to change.\*\**** | ***Milk is served with every meal & is part of the daily required nutrition plan.*** |