

Merrillan – Merrillan Cafe – Senior Congregate Meal Site – July 2026 Menu

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| <p><i>Milk is served with every meal & is part of the daily required nutrition plan.</i></p> | <p><i>**All Menus are subject to change.**</i></p> | <p>Wed 1 Salisbury Steak Mashed Potatoes Green Beans Salad Cookie</p> | <p>Thu 2 Hot Turkey Sandwich Mashed Potatoes Carrots Salad Pudding</p> | <p>Fri 3 <i>Holiday</i> <i>No Senior Meals</i> <i>ADRC Office Closed</i></p> |
| <p>Mon 6 Pork Roast Mashed Potatoes Broccoli Salad Applesauce</p> | <p>Tue 7 Roasted Chicken Mashed Potatoes Green Beans Salad Fruit</p> | <p>Wed 8 Beef Stew over Biscuits Salad Cookie</p> | <p>Thu 9 Polish Sausage & Kraut American Fries Peas Salad Pudding</p> | <p>Fri 10 Fish Potato Corn/Green Beans Soup or Salad Fruit</p> |
| <p>Mon 13 Pork Chop Mashed Potatoes Peas Salad Apple Cake</p> | <p>Tue 14 Roasted Chicken Mashed Potatoes Carrots Salad Fruit</p> | <p>Wed 15 Hamburger Steak Baked Potato Green Beans Salad Cookie</p> | <p>Thu 16 Beef Tips over Noodles Brussel Sprouts Salad Pudding</p> | <p>Fri 17 Fish Potato Corn/Green Beans Soup or Salad Fruit</p> |
| <p>Mon 20 Pork Roast Mashed Potatoes Peas Salad Apple Crisp</p> | <p>Tue 21 Roasted Chicken Mashed Potatoes Carrots Salad Fruit</p> | <p>Wed 22 Lasagna Green Beans Garlic Toast Salad Cookie</p> | <p>Thu 23 Cook's Choice</p> | <p>Fri 24 Fish Potato Corn/Green Beans Soup or Salad Fruit</p> |
| <p>Mon 27 Pork Chop Mashed Potatoes Green Beans Salad Applesauce</p> | <p>Tue 28 Roasted Chicken Mashed Potatoes Peas Salad Fruit</p> | <p>Wed 29 Meatballs Mashed Potatoes Carrots Salad Cookie</p> | <p>Thu 30 Chicken Stir Fry w/ Oriental Blend Veg Salad Pudding</p> | <p>Fri 31 Fish Potato Corn/Green Beans Soup or Salad Fruit</p> |