

## Millston – TK 400 Club – Senior Congregate Meal Site – July 2026 Menu

<p><i>Milk is served with every meal &amp; is part of the daily required nutrition plan.</i></p>	<p><b>**All Menus are subject to change.**</b></p>	<p><b>Wed 1</b> Grilled Ham &amp; Cheese Tomato Bisque Fruit</p>	<p><b>Thu 2</b> Sloppy Joe on Bun Baked Beans Chips Fruit</p>	<p><b>Fri 3</b> <i>Holiday</i> <i>No Senior Meals</i> <i>ADRC Office Closed</i></p>
<p><b>Mon 6</b></p>	<p><b>Tue 7</b></p>	<p><b>Wed 8</b> Pork Cutlet Tater Tots Green Beans Fruit Roll</p>	<p><b>Thu 9</b> Chicken Breast Cottage Fries Corn Fruit Roll</p>	<p><b>Fri 10</b></p>
<p><b>Mon 13</b></p>	<p><b>Tue 14</b></p>	<p><b>Wed 15</b> Salisbury Steak Mashed Potatoes w/Gravy Roll Carrots Fruit</p>	<p><b>Thu 16</b> Spaghetti w/Meat &amp; Tomato Sauce Side Salad Fruit Roll</p>	<p><b>Fri 17</b></p>
<p><b>Mon 20</b></p>	<p><b>Tue 21</b></p>	<p><b>Wed 22</b> Chicken Strips French Fries Coleslaw Fruit</p>	<p><b>Thu 23</b> Swedish Meatballs over Noodles Side Salad Fruit Roll</p>	<p><b>Fri 24</b></p>
<p><b>Mon 27</b></p>	<p><b>Tue 28</b></p>	<p><b>Wed 29</b> Tuna Melt French Fries Coleslaw Fruit</p>	<p><b>Thu 30</b> Scalloped Potatoes &amp; Ham Peas Fruit Roll</p>	<p><b>Fri 31</b></p>