

Merrillan – Merrillan Cafe – Senior Congregate Meal Site – October 2026 Menu

<i>Milk is served with every meal & is part of the daily required nutrition plan.</i>	<i>**All Menus are subject to change.**</i>		Thu 1 Hamburger Gravy over Mashed Potatoes Broccoli Cookie	Fri 2 Fish Potato Corn/Green Beans Soup or Salad Fruit
Mon 5 Pork Roast Mashed Potatoes Peas Apple Cake	Tue 6 Roasted Chicken Mashed Potatoes Carrots Cookie	Wed 7 Meatloaf Mashed Potatoes Green Beans Pudding	Thu 8 Chicken Gravy over Biscuits Peas & Carrots Cake	Fri 9 Fish Potato Corn/Green Beans Soup or Salad Fruit
Mon 12 Baked Pork Chop Mashed Potatoes Green Beans Applesauce	Tue 13 Roasted Chicken Mashed Potatoes Stewed Tomatoes Cake	Wed 14 Lasagna Beans Fruit Cookie	Thu 15 Chicken Stir Fry w/Oriental Blend Veg over Rice Peach Crisp	Fri 16 Fish Potato Corn/Green Beans Soup or Salad Fruit
Mon 19 Pork Roast Mashed Potatoes Brussel Sprouts Apple Crisp	Tue 20 Roasted Chicken Mashed Potatoes Carrots Cookie	Wed 21 Hamburger Steak French Fries Peas Jello	Thu 22 Cook's Choice	Fri 23 Fish Potato Corn/Green Beans Soup or Salad Fruit
Mon 26 BBQ Pork Chop Potato Wedges Peas Applesauce	Tue 27 Roasted Chicken Mashed Potatoes Green Beans Cake	Wed 28 Spaghetti w/Meat & Tomato Sauce Broccoli Fruit Cup Garlic Toast	Thu 29 Polish Sausage Sauerkraut American Fries Peas	Fri 30 Fish Potato Corn/Green Beans Soup or Salad Fruit