

Millston – TK's 400 Club – Senior Congregate Meal Site – October 2026 Menu

<i>Milk is served with every meal & is part of the daily required nutrition plan.</i>	<i>**All Menus are subject to change.**</i>		Thu 1 Pork Fritter Mashed Potatoes Green Beans Fruit Roll	Fri 2
Mon 5	Tue 6	Wed 7 Spaghetti w/Meat & Tomato Sauce Side Salad Fruit Roll	Thu 8 Salisbury Steak Mashed Potatoes Corn Fruit Roll	Fri 9
Mon 12	Tue 13	Wed 14 Chicken Strips French Fries Coleslaw Fruit	Thu 15 Open Face Pork Sandwich Mashed Potatoes Green Beans Fruit	Fri 16
Mon 19	Tue 20	Wed 21 Sloppy Joe on Bun Baked Beans Chips Fruit	Thu 22 Chicken Breast Mashed Potatoes w/Gravy Carrots Fruit Roll	Fri 23
Mon 26	Tue 27	Wed 28 Grilled Ham & Cheese Tomato Soup Chips Fruit	Thu 29 Meatloaf Mashed Potatoes Corn Fruit Roll	Fri 30